

ANNUAL  
REPORT  
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SURVIVORS



OF TORTURE  
INTERNATIONAL



HELPING  
**HEALING**  
UNFOLD  
UNFOLD



# You

can join  
the conversation



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Learn more about how we are  
helping torture survivors heal  
[www.notorture.org](http://www.notorture.org)



## Helping Healing Unfold

Torture is a tragic reality in more than 100 countries. Some of those who survive and are able to escape come to San Diego seeking asylum. This sets in motion a legal process as well as the need for healing. How can someone rebuild a life torn apart by torturers?

Healing is a process that unfolds in different ways. It doesn't happen all at once or in only one way. Healing can be physical, psychological, or spiritual, and each step towards healing helps torture survivors in the process of rebuilding their lives.

All of our clients take different, personal paths to healing, and we are there with them every step of the way. Healing takes trust, support and community.

Through the gifts and support we receive from you and the community, we are able to facilitate the healing of torture survivors. You make a difference in the lives of each and every one of our clients, and we look forward to helping many more torture survivors heal.

Survivors of Torture, International (SURVIVORS) celebrates another year of creating a safe haven for torture survivors, helping them to rebuild their lives, and building welcoming communities.

### Survivors of Torture, International's mission is to:

- Facilitate the healing of torture survivors and their families
- Educate professionals and the public about torture and its consequences
- Advocate against torture

Survivors of Torture, International  
P.O. Box 151240, San Diego, CA 92175 • 619-278-2400

# You

**contributed to  
the health and  
well-being of  
survivors**

A view from Cabrillo National Monument, a Healing Club destination. Photo by Cleveland Storrs.



## Dear Friends,

In 2012, you were an integral part of the healing process for hundreds of torture survivors and their families living in San Diego through your contributions of time, money, and caring.

Torture harms people in so many ways —ways that leave scars, some visible, some not. Physically and psychologically, torture survivors have been profoundly hurt by their torturers. At SURVIVORS, what is always visible to us is the resiliency of each person, even though when they walk through the doors, they may have lost this sense of themselves. As the healing process begins, they begin to see that jewel of their inner strength and watch it turn into a shining beacon of hope — that it is possible to rebuild their lives.

It takes specialized care to help foster the resiliency of torture survivors, and with healing, our clients become thriving members of our community. At our second Helping Survivors Heal fundraising luncheon, a packed room of guests eager to learn more about how to help support the healing of torture survivors heard amazing stories

of healing and hope, inspiring each of us to tell others about

SURVIVORS. Our clients are experiencing success and hope in their lives in the form of education, employment and well-being.

As you help healing unfold, you contribute to the broadening vision of a hopeful future for all of our clients. We are thankful for you, our dedicated supporters, who help torture survivors heal and rebuild their lives. Our clients are thankful as well to finally have safety, a renewed belief in their own strength to heal and a sense of hope for their new lives. Thank you for choosing to support SURVIVORS in all the ways that you do. Healing unfolds here daily at SURVIVORS, and you are an integral part of that healing.

Thank you,

*Janette Barrack*  
Janette Barrack, Board Chairperson



*Kathi Anderson*  
Kathi Anderson, Executive Director



P.S. Come to a Journey to Healing tour. Join us for an hour-long inspirational tour. Meet our staff and volunteers to hear how SURVIVORS is helping to rebuild lives. For a schedule, visit our website at [www.notorture.org/events](http://www.notorture.org/events) or call 619-278-2400.



# You

**helped torture survivors and their families heal**

A young Healing Club member jumps for joy at Cabrillo National Monument. Photo by Cleveland Storrs.



In 2012, you helped 247 torture survivors heal through holistic services including therapy, psychiatry, access to medical services and social services. Our dedicated staff and therapists find ways to integrate our clients into the community and help them reconnect with the persons they were before they were tortured.

Cabrillo National Monument, Mission Trails Regional Park, Sunset Cliffs Beach, Balboa Park, Torrey Pines State Park and SeaWorld are some of the San Diego destinations for our monthly Healing Club. For some of the participating clients, it may be their first time socializing with a group in San Diego, their first time meeting other torture survivors or simply their first time at the ocean. One client, who had been blinded as a result of torture and is now living in an urban part of San Diego, smelled the ocean well before he arrived at the beach and remarked how healing the fresh air felt.

These outings are a chance for our clients to explore new places with the guidance of our staff and interns, have some fun and continue to heal from having been tortured. Your contributions to and support of SURVIVORS make these outings possible.

# You educated the public about torture and its consequences

SURVIVORS' executive director, Kathi Anderson (second from left) participated on a panel for the opening of the museum's exhibit, "Instruments of Torture."



Your gifts allowed SURVIVORS to educate the public about the consequences of torture. The San Diego Museum of Man approached SURVIVORS and asked for help in creating a context for presenting a serious, compelling, and challenging exhibition about torture in its 2012 "Instruments of Torture" exhibit, which recognizes the disheartening fact that the ones who wield these terrible instruments are people, who thereby can themselves become instruments of torture.

The exhibit also celebrates the undeniable truth that humans have the capacity for compassion and justice. When empowered, educated and hopeful, bystanders become upstanders realizing they have the very qualities necessary to put an end to torture. This exhibit therefore presents visitors with inspiring stories and a range of actions they can take to make a difference.

SURVIVORS is honored and excited to be a co-creator of this ground-breaking endeavor that raises awareness and provides education about torture and its consequences to tens of thousands of people as it travels to other museums across our country and the world.

# You

## advocated for torture survivors

Community members  
voice their support for  
torture survivors.



In 2012, you participated in a social media campaign to bring awareness to the importance of helping torture survivors heal. You shared photographs on Facebook, Twitter, and with the International Rehabilitation Council for Torture Victims, allowing for an even larger audience. In addition to this social media campaign, you supported the Torture Victims Relief Act (TVRA), which provides urgently needed funds for torture rehabilitation programs like SURVIVORS in the United States and abroad. First passed in 1998, this important legislation needs to be reauthorized periodically with sufficient funds appropriated to it. Support of TVRA is an ongoing priority for SURVIVORS. We continuously work towards this by:

- Asking you to contact your senators and representatives directly to lend your voice in support of rehabilitation and treatment for torture survivors
- Meeting with elected officials in San Diego as well as in Washington, D.C. to inform them about the importance of torture treatment
- Partnering with other members of the California Consortium of Torture Treatment Centers as well as the National Consortium of Torture Treatment Programs, to highlight the efficacy of torture treatment

# You invested in our community

Your gifts to SURVIVORS are well spent and an investment in our community. By helping torture survivors heal, you empower them to use their unique gifts in giving back to our community. The 2012 financial audit by Sonnenberg and Company shows that SURVIVORS' administrative costs are far below national averages. Ninety cents of every donated dollar directly benefits local torture survivors.

## Support & Revenue

Grants & Contracts	\$ 716,470
Contributions	89,026
Donated Goods & Services	15,955
Other Operating Revenue	9,020

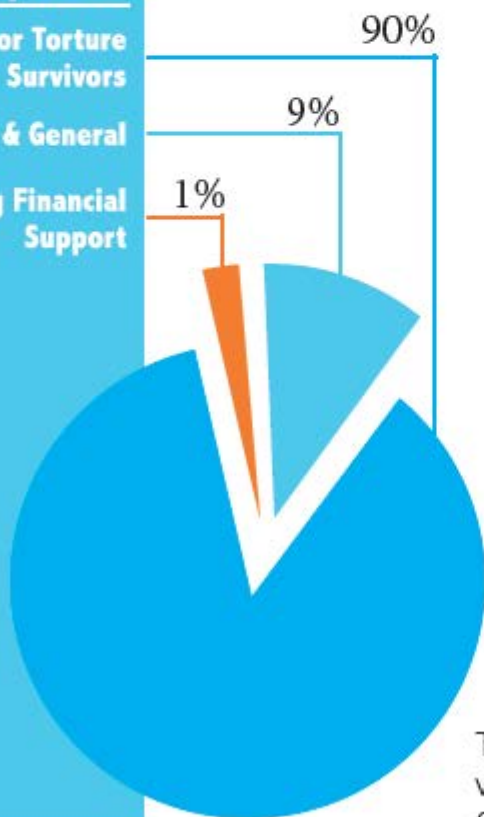
**Total Support & Revenue** \$ 830,471

## Expenses

Program Services	\$ 764,527
Supporting Services	
Management & General	76,001
Fundraising	12,181
Total Supporting Services	88,182
<b>Total Expenses</b>	<b>\$ 852,709</b>
Change in Net Assets	(22,238)
Net Assets at Beginning of Year	491,280
<b>Net Assets at End of Year</b>	<b>\$ 469,042</b>

## Operating Expenses

Services for Torture  
Survivors  
Management & General  
Securing Financial  
Support



To see a list of financial and in-kind donors, please visit our website at [www.notorture.org/company\\_funders.php](http://www.notorture.org/company_funders.php). Thank you for your gifts!



The following is SURVIVORS' financial statement, audited for the time period of October 1, 2011 through September 30, 2012, by Sonnenberg and Company. The full audit is available at [www.bettergivingsd.guidstar.org](http://www.bettergivingsd.guidstar.org).

		<b>Liabilities</b>	
Cash and Cash Equivalents	\$ 467,349	Accounts Payable	\$ 14,044
Grants Receivable	40,862	Accrued Liabilities	43,244
		Deferred Revenue	59,651
Contributions Receivable	65,599	<b>Total Liabilities</b>	<b>\$ 116,939</b>
Refundable Deposits & Prepaid Expenses	6,411		
Furniture & Equipment	22,103	<b>Net Assets</b>	
Less: Accumulated Depreciation	-16,343	Unrestricted	\$ 403,443
		Temporarily Restricted	65,599
<b>Total Assets</b>	<b>\$ 585,981</b>	<b>Total Net Assets</b>	<b>\$ 469,042</b>
		<b>Total Liabilities &amp; Net Assets</b>	<b>\$ 585,981</b>

SURVIVORS' Board of Directors  
 Jeanette Barrack, RPT (Chair)  
 Jim Jaranson, MD, MPH (Vice-Chair)  
 Denise Francis, CPA (Financial Officer)  
 Ann Durham, MSN, FNP, Esq. (Secretary)  
 Kathi Anderson, MA  
 Mel Kieschnick, MA, LLD, LittD  
 Howard Moseley, Esq.

#### SURVIVORS' Staff

Kathi Anderson, MA, NCC , Executive Director  
 Mahvash Alami, PhD, Program Manager  
 Leilani Amiling, Data & Office Manager  
 Suzanne Bacon, MA, Community Relations Manager  
 Jossie Blanco, MPH, Medical Case Manager  
 Alicia DeLeon Torres, Grants Manager  
 Erika Hess, MSW, Senior Mental Health Clinician  
 Alexey Kirillov, Finance Manager  
 Tammy Pham, MSW, Clinical Case Manager

SURVIVORS is an IRCT-accredited  
 torture treatment center



International Rehabilitation  
 Council for Torture Victims

# In 2012

through your gifts to  
SURVIVORS you...

**provided**

**247** clients (including 151 new clients) with mental health, medical and case management services

**welcomed**

clients from **31** different countries, the majority from Somalia, Ethiopia, Mexico, and Iraq

**communicated**

in **19** different languages with our clients through the help of interpreters

**completed**

**1,411** social services, including assistance finding housing, food, educational opportunities, and employment resources for clients and their families

**helped**

torture survivors heal through **1,553** therapy sessions

**tended**

to the healthcare needs of torture survivors with **551** medical services

**visited**

our website, [www.notorture.org](http://www.notorture.org), **11,716** times

**trained**

professionals at the "Cultural Competence & Mental Health Southern Region Summit XVIII" about bridging the cultural gaps in treating torture survivors from more than **80** different countries

**sent**

**hundreds** of letters to your representatives to voice your support for the Torture Victims Relief Act

**informed**

**6** Congressional offices (Senators Boxer and Feinstein; and Representatives Bilbray, Davis, Hunter and Issa) about the importance of federally funding services for torture survivors to heal

**joined**

the International Rehabilitation Council for Torture Victims and **thousands** around the world in honoring torture survivors and victims on June 26th through a social media campaign