You can join the conversation

[Facebook] Face.book.com/notorture

[Twitter] Twitter.com/notorture

Learn more about how we are helping torture survivors

www.notorture.org

Gratitude for Healing

In this season of gratitude, we are grateful for the gifts and support we receive from you and the community as well as the gifts that torture survivors give back. Our clients go on to work in our communities, attend our schools, worship at our churches, and create community in our neighborhoods. With the gift of time and support to heal from their torture, our clients’ healing is a gift to the community.

Survivors of Torture, International (SURVIVORS) celebrates this season of gratitude as together we create a safe haven for torture survivors, help them to rebuild their lives, and build welcoming communities.

Survivors of Torture, International’s mission is to:

- Facilitate the healing of torture survivors and their families
- Educate the public and professionals about torture and its consequences
- Advocate against torture

Survivors of Torture, International
P.O. Box 151240, San Diego, CA 92175 • 619-278-2400
You contributed to the health and well-being of survivors

Dear Friends,

SURVIVORS is creating a welcoming community for torture survivors. In 2011, you were a vital part of this community through your contributions of time, money, and caring. When clients first walk through our doors, their minds, bodies and spirits are broken from torture. Through your assistance, we were able to provide access to basic necessities such as medical services, therapy, shelter and food to 245 clients. Little by little our clients reclaim their vitality and trust in other people. The result of all our efforts? Torture survivors who are not just healing but thriving.

It takes a welcoming community to help foster the resiliency of torture survivors, and once the healing begins, our clients become thriving members of our community. You may have met some of them at our first Helping Survivors Heal fundraising luncheon, in which a packed room of guests was eager to learn more about how to help support the healing of torture survivors. As you heard amazing stories of healing and hope, you were inspired to tell others about SURVIVORS. Spreading the word is important in building a welcoming community.

In this season of gratitude, we give thanks for you, our compassionate supporters, who help torture survivors rebuild their lives. We are so thankful to live in a country where we can care for torture survivors without fear of ourselves being persecuted. Our clients are grateful as well to finally have safety and a sense of community that you help create. We are thankful that you have chosen to help SURVIVORS in all the ways that you do. Healing from torture is possible, but it would be impossible without you, and so for your assistance, we are eternally grateful.

Thank you,

Jeanette Barrack, Board Chairperson
Kathie Anderson, Executive Director

P.S. Come to a Journey to Healing tour. Join us for an hour-long tour. Meet our staff and volunteers to hear how SURVIVORS is helping to rebuild lives. For a schedule, visit our website at www.notorture.org/events or call 619-278-2400.
You helped torture survivors and their families heal

El Cajon Police Department Officer Sean Sayre with family members of our community.

Your gifts helped torture survivors and their families heal. Each person is treated as an individual at SURVIVORS, receiving the specialized services he or she might need. For example, several families were taken on a special field trip to learn about public safety. The torture these families survived often involves people in uniform in their home countries, making them and especially their children very unsure of our police officers.

The children were able to visit El Cajon Police Department headquarters, meet the staff, explore patrol and SWAT cars, and spend time with Officer Sean Sayre.

SURVIVORS’ staff and contracted therapists are always looking for ways to integrate our clients into the community and help them reconnect with the persons they were before the torture. Through therapy, group outings, case management, and access to medical services, SURVIVORS helps torture survivors thrive as they rebuild their lives.
You advocated for torture survivors

State Senators Joel Anderson (far left) and Christine Kehoe (far right) greet torture survivors and representatives from the California Consortium of Torture Treatment Centers (CCTTC) on the California Senate Floor. SURVIVORS is a founding member and leader of the CCTTC.

Your efforts helped SURVIVORS advocate on behalf of torture survivors. SURVIVORS worked with California legislators from both parties to unanimously pass Senate Joint Resolution 6, or SJR6, to acknowledge the presence of torture survivors living in California. The measure was authored by state senator, Christine Kehoe, D-San Diego, and coauthored by state senator, Joel Anderson, R-Alpine.

The resolution recognizes the approximately 100,000 torture survivors living in California after enduring politically-motivated torture in their home countries and highlights the contributions they have made to California in spite of the lingering effects of torture. It also recounts our state’s unique and critical role in the development of the torture treatment field.

SJR 6 was an opportunity to better inform elected officials and the public about torture survivors in California and the solid network of torture treatment centers here. SJR6 was transmitted to the United States Congress as an expression of our state’s commitment to the issue.
Your gifts allowed SURVIVORS to educate professionals about torture survivors. For the last 4 years, SURVIVORS has been a practicum site for candidates in the Masters in Social Work programs at San Diego State University (SDSU) and the University of Southern California (USC). This win-win situation allows future social workers the chance to gain valuable experience working with a unique population. For SURVIVORS, this assistance is invaluable.

The training often comes full circle, as several of our interns from SDSU and other universities have joined our network of therapists or come on board as full time staff. Wherever they find employment, they now have firsthand knowledge of how to identify and care for torture survivors.

SURVIVORS is one of the only places in San Diego that provides specialized mental health services for torture survivors. SURVIVORS’ board and staff are honored to partner with SDSU and USC. This serves as an important learning experience for clinical and administrative interns as well as aids SURVIVORS in its mission to serve clients and educate professionals about torture, its consequences and treatment.
You provided 236 clients (including 130 new clients) with mental health, medical and case management services
welcomed clients from 31 different countries, the majority from Somalia, Ethiopia, Mexico, and Iraq
communicated in 41 different languages with our clients with the help of interpreters
completed 1,175 social services, including assistance finding housing, food, educational opportunities, and employment resources for clients and their families
helped torture survivors heal through 1,487 therapy sessions
tended to the healthcare needs of torture survivors with 559 medical services
educated 3,725 professionals, students, and faith and community group members about torture and its consequences
visited our website, www.notorture.org, 11,961 times
trained 19 medical residents from UCSD School of Medicine
added 420 new followers to our Facebook and Twitter accounts
passed unanimously by all 119 California state legislators State Resolution 6 on behalf of California torture treatment centers and our clients
informed 16 members of the Mental Health Oversight and Accountability Commission and 14 members of its Client and Family Leadership Committee about the healing of torture survivors
facilitated 8 programs of the California Consortium of Torture Treatment Centers at its annual statewide convening
in 2011 through your gifts to SURVIVORS.
Your gifts to SURVIVORS are well spent. A gift to SURVIVORS is an investment in our community. By helping torture survivors heal, you empower them to use their unique gifts in giving back to our community. The 2011 financial audit by Sonnenberg and Company shows that SURVIVORS’ administrative costs are far below national averages. Eighty-nine cents of every donated dollar directly benefits local torture survivors.

Support & Revenue

- Grants & Contracts $608,343
- Contributions 149,083
- Donated Goods & Services 49,015
- Other Operating Revenue 11,333

Total Support & Revenue $817,774

Expenses

- Program Services $738,958
- Supporting Services
  - Management & General 75,153
  - Fundraising 13,669
- Total Supporting Services 88,822

Total Expenses $827,780

Change in Net Assets (10,006)

Net Assets at Beginning of Year 501,286

Net Assets at End of Year $491,280

To see a list of financial and in-kind donors, please visit our website at www.notorture.org/company_funders.php. Thank you for your gifts!
The following is from SURVIVORS’ financial statements, audited by Sonnenberg and Company, which are available in full at www.bettergivingsd.guidestar.org:

<table>
<thead>
<tr>
<th>Assets</th>
<th>Liabilities</th>
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</thead>
<tbody>
<tr>
<td>Cash and Cash Equivalents $479,038</td>
<td>Accounts Payable $7,831</td>
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<tr>
<td>Grants Receivable 53,007</td>
<td>Accrued Liabilities 44,806</td>
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<td>Contributions Receivable 73,747</td>
<td>Deferred Revenue 77,628</td>
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<tr>
<td>Refundable Deposits &amp; Prepaid Expenses</td>
<td>Total Liabilities $130,265</td>
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<td>Furniture &amp; Equipment 22,103</td>
<td>Net Assets</td>
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<tr>
<td>Less: Accumulated Depreciation -13,406</td>
<td>Unrestricted $408,583</td>
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<td>Total Assets $621,545</td>
<td>Temporarily Restricted 82,697</td>
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<tr>
<td></td>
<td>Total Net Assets $491,280</td>
</tr>
<tr>
<td></td>
<td>Total Liabilities &amp; Net Assets $621,545</td>
</tr>
</tbody>
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SURVIVORS’ Board of Directors
Jeanette Barrack, RPT (Chair)
Jim Jaranson, MD, MPH (Vice-Chair)
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Ann Durham, MSN, FNP, Esq. (Secretary)
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Tammy Pham, MSW, Clinical Case Manager

SURVIVORS is an IRCT-accredited torture treatment center

International Rehabilitation Council for Torture Victims