

# *"Giving and Receiving Gifts"*

**2010 Annual Report**



# You

can join  
the conversation

 [Face.book.com/notorture](https://www.facebook.com/notorture)

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Learn more about how we  
are helping torture survivors

[www.notorture.org](http://www.notorture.org)



## Giving and Healing

In this season of giving, we are grateful for the gifts and support we receive from the community as well as the gifts that torture survivors give back. Our clients go on to work in our communities, help other torture survivors, and create their own nonprofit organizations. With the gift of time and support to heal from their torture, our clients' healing is a gift to the community.

Survivors of Torture, International (SURVIVORS) celebrates this season of giving as together we create a safe haven for torture survivors, help them to rebuild their lives, and build welcoming communities.

### Survivors of Torture, International's mission is to:

- Facilitate the healing of torture survivors and their families
- Educate the public and professionals about torture and its consequences
- Advocate against torture



Survivors of Torture, International  
P.O. Box 151240, San Diego, CA 92175 • 619-278-2400

# You

contributed to  
the health and  
well-being of  
survivors



**Dear Friends,**

In this season of giving, we are grateful to our community of volunteers, partners and financial supporters for your ongoing gifts of time, money, talents and compassion. In 2010, you contributed to the health and well-being of survivors. This support allowed SURVIVORS to create a safe haven for torture survivors, a place where they could begin to rebuild their lives and to trust fellow human beings.

In 2010, SURVIVORS became even more deeply engaged in our community by offering Journey to Healing tours, in which we welcomed you into our work to learn how SURVIVORS is making a difference in the lives of our clients, our community and our world.

As the lives of our clients improved, they were able to take an active role in the community at large, working to support themselves and their families and providing help to other torture survivors. Some became teachers, beauticians, business owners, authors, and assistants to the disabled. Some started their own nonprofit organizations. All contributed by becoming an integral part of the beautiful tapestry that is our country.

This season of giving is also a season of sharing. All of us who contribute in some way to the mission of SURVIVORS can share in the joy of knowing that our gifts will continue to grow. As torture survivors heal and share the gifts of their talents and lives with the wider community, all of our lives become more meaningful; and, for that, we can indeed be grateful.

Thank you,

*Janette Barrack*  
Janette Barrack, Board Chairperson



*Kathi Anderson*  
Kathi Anderson, Executive Director



**P.S. Come to a Journey to Healing tour.**  
Join us for an hour-long tour. Meet our staff and volunteers to hear how SURVIVORS is helping to rebuild lives. For a schedule, visit our website at [www.notorture.org/events](http://www.notorture.org/events) or call 619-278-2400.



# You

helped torture survivors and their families heal



Your gifts helped torture survivors heal. When \*Amina first came to SURVIVORS, she was sad, lonely and feeling lost. She had fled Somalia after witnessing the deaths of family members and enduring physical attacks for being a member of a minority tribe.

“When I came to SURVIVORS, the people there helped me to do something about my problems, and they became like my own family,” she said. SURVIVORS’ staff supported Amina through the process of seeking political asylum, which included a psychological and medical evaluation. Amina received counseling from a therapist and participated in healing activities, such as hiking and writing, with other torture survivors.

Amina also participated in the befriender program, becoming fast friends with her SURVIVORS’ befriender. “We did lots of fun things together. We visited places in San Diego, and the best was to meet my befriender’s family and children.” Amina received political asylum in 2010, has since found a job and hopes her family will be reunified with her. She referred several friends who are also torture survivors to SURVIVORS.

\*Name changed to protect client’s privacy

# You

educated  
professionals  
about torture  
and its  
consequences



Your gifts allowed SURVIVORS to partner with the University of California, San Diego (UCSD) School of Medicine to provide vital services to torture survivors. Medical residents completed rotations at SURVIVORS, learning about international health and human rights. While under the guidance of attending physicians, they examined torture survivors to document their injuries. In immigration court, a qualified physician's report stating that a scar or injury is consistent with the client's story not only aids an asylum claim, but can also save a torture survivor's life by preventing them from being returned to the home country and possibly killed. For many medical residents, this may be the first time they have knowingly cared for a torture survivor and saved a life.

SURVIVORS is the only place in San Diego that provides free evaluations for qualified asylum seekers who are torture survivors. These critical evaluations would otherwise be cost-prohibitive for clients. SURVIVORS' board and staff are honored to partner with UCSD. This serves as an important learning experience for residents and aids SURVIVORS in its mission to serve clients and educate professionals about torture.

# You advocated for torture survivors



Your efforts helped SURVIVORS advocate on behalf of torture survivors. \*Abeer, a North African torture survivor, fled to San Diego and found herself utterly alone, terrified of being returned to her home country and haunted by flashbacks of what had been done to her. She dialed 411, asked for help, and wound up with a referral to SURVIVORS. At SURVIVORS, she found a friendly, caring, and understanding community as well as counseling that enabled her to manage the lingering impact of the torture she had endured. She went on to study nursing, a field she hopes will allow her to help others.

Abeer joined SURVIVORS in Sacramento for the United Nations' International Day in Support of Victims of Torture to testify in front of state legislators and legislative staff in support of torture survivors and torture treatment in the State of California.

\*Name changed to protect client's privacy



# You

- provided** 253 clients (including 161 new clients) with mental health, medical and case management services
- welcomed** clients from 24 different countries, the majority from Somalia, Ethiopia, Mexico, and Iraq
- assisted** 69 clients win their political asylum cases
- wrote** 112 psychological evaluations for asylum-seeking clients
- completed** 100 medical evaluations by probono physicians for asylum seekers
- educated** 2,072 professionals, students, and faith and community group members about torture and its consequences
- visited** our website, [www.notorture.org](http://www.notorture.org), 10,389 times
- trained** 19 medical residents from UCSD School of Medicine
- added** 505 new followers to our Facebook and Twitter accounts
- visited** all 119 California state legislative offices on behalf of torture survivors
- secured** 8 Congressional visits in Washington, D.C., to ensure the authorization and reappropriation of the Torture Victims Relief Act (TVRA)
- aided** 8 programs of the California Consortium of Torture Treatment Centers in educating public officials about torture survivors in their districts
- helped** 16 members of the San Diego County Board of Mental Health learn more about the caring of torture survivors, a population in the county's mental health plan

in 2010 through  
your gifts to  
SURVIVORS.



# You gave wisely

Your gifts to SURVIVORS are well spent. A gift to SURVIVORS is an investment in our community. By helping torture survivors heal, you empower them to use their unique gifts in giving back to our community. A recent financial audit by Sonnenberg and Company shows that SURVIVORS' administrative costs are far below national averages. Ninety-one cents of every donated dollar directly benefits local torture survivors.

## Operating Expenses

Services for Torture Survivors 91%  
 Management & General 8%  
 Securing Financial Support 1%



## Support & Revenue

Grants & Contracts	\$ 740,787
Contributions	270,200
Donated Goods & Services	13,607
Other Operating Revenue	9,946
Interest Income	19
<b>Total Support &amp; Revenue</b>	<b>\$ 1,034,559</b>

## Expenses

Program Services	\$ 826,405
Supporting Services	
Management & General	78,739
Fundraising	5,599
Total Supporting Services	84,338
<b>Total Expenses</b>	<b>\$ 910,743</b>
Change in Net Assets	123,816
Net Assets at Beginning of Year	397,800
<b>Net Assets at End of Year</b>	<b>\$ 521,616</b>

To see a list of financial and in-kind donors, please visit our website at [www.notorture.org/company\\_funders.php](http://www.notorture.org/company_funders.php).

Thank you for your gifts!

The following is from SURVIVORS' financial statements, audited by Sonnenberg and Company, which are available in full at [www.bettergivingsd.guidestar.org](http://www.bettergivingsd.guidestar.org):

Assets		Liabilities	
Cash	\$ 85,142	Accounts Payable	\$ 920
Investments	461,403	Accrued Payroll, Benefits & Taxes	19,954
Grants Receivable	95,843	Deferred Revenue	126,338
Refundable Deposits & Prepaid Expenses	14,806	<b>Total Liabilities</b>	<b>\$ 147,212</b>
Furniture & Equipment	22,103	<b>Net Assets</b>	
Less: Accumulated Depreciation	-10,469	Unrestricted	\$ 497,577
<b>Total Assets</b>	<b>\$ 668,828</b>	Temporarily Restricted	24,039
		<b>Total Net Assets</b>	<b>\$ 521,616</b>
		<b>Total Liabilities &amp; Net Assets</b>	<b>\$ 668,828</b>

#### SURVIVORS' Board of Directors

Jeanette Barrack, RPT (Chair)  
 Jim Jaranson, MD, MPH (Vice-Chair)  
 Denise Francis, CPA (Financial Officer)  
 Ann Durham, MSN, FNP, Esq. (Secretary)  
 Tim Banzhof, MA  
 Jennie L. Hollis, MSW  
 Carol Morabito, MSW  
 Howard Moseley, Esq.  
 Kathi Anderson, MA, NCC (Ex-Officio)

#### SURVIVORS' Staff

Kathi Anderson, MA, NCC, *Executive Director*  
 Mahvash Alami, PhD, *Program Manager*  
 Leilani Amiling, *Senior Administrative Assistant*  
 Suzanne Bacon, MA, *Individual Giving & Communications Coordinator*  
 Cristina Grisham, MA, *Clinical Case Manager*  
 Tricia Hilliard, MSW, *Senior Mental Health Clinician*  
 Alexey Kirillov, *Finance Manager*  
 Jan McKeel, *Grants & Data Manager*  
 Ramsey Salem, MPH, *Medical Services Coordinator*

SURVIVORS is an IRCT-accredited  
 torture treatment center

