



# THE SURVIVOR

## Survivors of Torture, International:

- Facilitates the healing of torture survivors and their families;
- Educates professionals and the public about torture and its consequences;
- Advocates for the abolition of torture.

**“I don’t know what I could have done without this great family and its entire wonderful team that has put a smile on my face. Who could I have run to, to have all this services that you have given to me all for free.”**

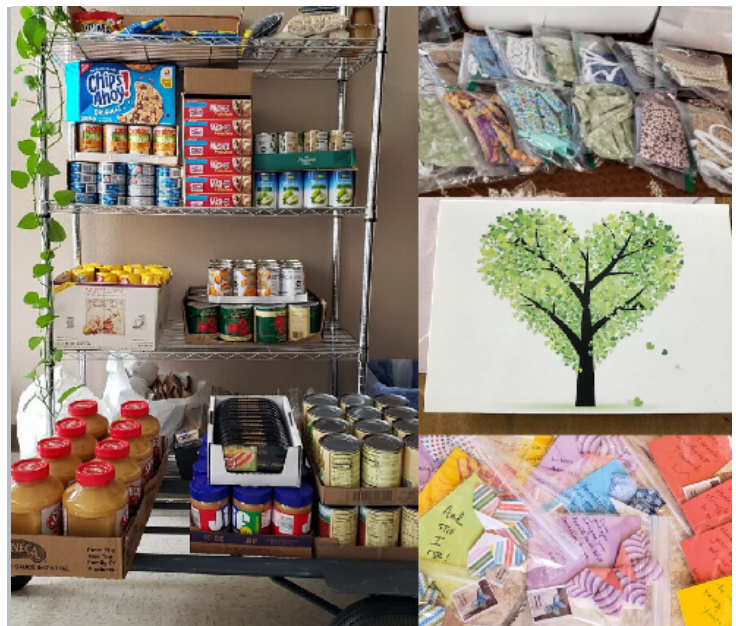
- SURVIVORS’ immigration detention client

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## Pivoting to Meet Clients’ Needs Throughout the Pandemic

This global pandemic is affecting the entire world and SURVIVORS’ clients are not immune. Torture survivors often do not have access to public benefits and support, even during this crisis. SURVIVORS can be their only safety net and support system. Our clients’ experiences of isolation, trauma, and limited ability to meet their basic needs have been heightened by the COVID-19 shelter-in-place directive and the economic recession. They have needed extra support in managing the stressors of this pandemic. Our team of adaptable and devoted staff have met daily to plan and offer innovative ways of supporting our clients.

We have remained true to our mission regardless of the many obstacles faced due to this pandemic. We are facilitating the healing of torture survivors and their families through teletherapy sessions offered by our mental health clinicians, and we are educating professionals and the public about torture and its consequences through our virtual Journey to Healing tours. We are engaging volunteers to help our clients in other ways as well.



*Survivors supported by volunteers with deliveries of groceries (left), hand sewn masks (top), meditation cards (middle), & cards of hope (bottom)*

## Our Volunteers in Action

SURVIVORS’ clinical case managers have designed a delivery program to provide food, diapers, cleaning products, face masks, and hygiene items to clients with contact-free drop-offs. They support and collaborate with our volunteers to ensure our clients’ needs are met. They continue to purchase groceries for clients who disclosed not having eaten for days because of losing their jobs. They write cards with heartfelt messages to inspire hope and remind our clients that they are not facing this pandemic alone.

Our community of donors and volunteers is critical in our rapid response to clients’ immediate needs. We appreciate their altruism in providing clients hope, genuine community, and reminders to remain grounded throughout this isolating and unstable time.

As our clients speak more than 50 different languages, many of them were initially uninformed of information regarding the virus. We immediately initiated individual conversations with clients and have consistently provided them COVID-19 education. Through these conversations, we identified the lack of face masks among our clients. In response to this need, a group of very special volunteers created dozens of beautiful hand-sewn adult and child-sized masks for our clients and their families.

As a reminder of the power of meditation and grounding during periods of stress and uncertainty, a long-term supporter and former psychological evaluator of SURVIVORS created meditation exercises to be included in care packages that are dropped off for clients. She initiated this project, designing and printing all the sheets at her home, to provide our clients a sense of social connection and mental strength to counteract their expressed feelings of extreme isolation and uncertainty due to the pandemic.

## Promoting a Community of Healing with Education and Advocacy

Advocacy and education are key to helping torture survivors receive the help they need and deserve. Torture survivors make up an often-underrepresented population and, without this crucial advocacy work, the risk for this population not being served or even recognized increases. Since torture survivors have unique needs that require specialized care, it is critical to have consistent, ongoing advocacy and relationships with government representatives to ensure torture survivors are included in policies that protect them and provide them access to care.

SURVIVORS have bolstered our advocacy work with a new position, government affairs manager, funded by The California Endowment. This position represents SURVIVORS and coordinates with our California state partners as part of the California Consortium of Torture Treatment Centers to work with elected officials on multiple issues affecting survivors of torture throughout the state. Adding the government affairs manager position has allowed SURVIVORS to strengthen our mission by more richly fulfilling our commitment to advocacy for clients and the abolition of torture.

“When I first began working at SURVIVORS, hearing about our clients’ trauma was heartbreaking. But the more I learned about these incredible people, the more amazed I’ve become by their strength and resilience. I have the deepest respect for our clients as they have survived



Clint Carney, government affairs manager (third from left) with SURVIVORS’ MSW interns, Hilary Weidig, Eric Estrada, and Lauren Azar

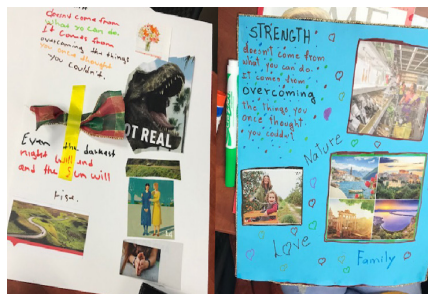
unspeakable trauma in their home countries, escaped with very little to travel safely through sometimes ten or more countries before reaching San Diego, and often endured additional trauma on their journey here. Survivors of torture are quite possibly the strongest people we will ever meet, and they deserve all the respect and support we can provide,” emphasized Clint Carney, government affairs manager.

## Clients Resiliently Overcoming Trauma and Embracing Their Dreams

SURVIVORS’ Healing Clubs foster client strengths, resiliency, and capacity to heal from their traumas. One particularly memorable Healing Club gathering focused on clients’ hopes and dreams for their futures through the creation of vision boards.

After deep reflection, and with the help of various crafts and materials, clients formed visual representations of their aspirations. Each client had the opportunity to share with the rest of the group their vision boards and explain their goals through each visual they chose to display.

One client shared, “I came here from Africa. I have a lot of dreams...The first thing I’d love to see



Vision boards created by two different clients who shared during Healing Club

the stars. I was imprisoned in detention and hoping to be free and initially I spent seven days in an enclosed room. I never saw stars, sun, and sky. The day was just as the night. Now morning to night I can see the sky and am free, thanks be to

God I am happy...Second, I want to go to school...Third, I used to play soccer. I love to play and never had a chance to play again. Next week, Survivors will help me find a team. Again, I am so happy... Fourth, I would like to travel with family and started thinking, ‘ok please God, of all the things I could have,’ thank you all.” A fellow client responded in support by saying, “I hope all his dreams come true.”

Throughout this intimate exchange of personal hopes, clients shared trust, respect, and vulnerability in expressing parts of their identities while understanding others. The impact of this experience was profound and clients were visibly overwhelmed with tears and other forms of emotional expression.

Support SURVIVORS through alternative giving and everyday activities. Visit [notorture.org/donate](http://notorture.org/donate) to learn more.



Eighty-six cents out of every dollar raised goes directly to SURVIVORS’ programs. Our Federal Tax ID Number is 33-0743869.



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## Healing Society Members who have made five-year pledges of \$1,000 or more per year. **Thank you!**

Joyce Anderson	Jean Greaves & Greg Olmstead	George & Karen Longstreth	Kathleen Owens
Kathi Anderson & Jesse Rivera	Lydia Grypma & Bob Oakley	Ann McDonald	Natalie Pearl Ilarraza
Jeanette Barrack	Rick & Ann Hein	Michael & Mary McKay	Sandra Peters
Brad & Gigi Benter	Paula Herring & Tim Botsko	Kate Miller	Mahesh Podar
Steve & Carmen Berry	Nancy Holland	Matthew Molstre	William & Martha Radatz
Candace Carroll & Len Simon	Dalia & Gordon Hunt	Gene Morones	Grant Reeder & Scott Williford
Maryann Dean & Bill Barclift	Carl Josephson & Laura Harris	Howard & Lianne Moseley	Marlene Ruiz
Jonathan Doering	Melvin & Jane Kieschnick	Darrell Netherton & Robert Wheeler	St. Andrew's Lutheran Church, San Diego
Ann & Rich Durham	Angela & Matthew Kilman	Jan Neuhaus	Richard & Tracy Vevia
Denise & James Francis	Philip Kuey & Emily Hart	Pat Olafson	Nancy & Stewart Witt
Jan Gallo	Rebecca LeVasseur		

Because of you, survivors are rebuilding their lives. We are grateful. We apologize for any errors or omissions and extend our gratitude for support that may not have been recognized. Please contact us at 619-278-2400 with corrections.

## Individual & Family Financial Supporters who gave October 1, 2019 - May 31, 2020. **Thank you!**

Anonymous	Albert Ehlow	Jasmine Jackson	David Milroy	Alisa Shorago
William & Seema Aceves	Jean Emery & William Hammond	Ginger Jacobs & David Schlesinger in honor of Lydia Grypma	Robert Minson	David, Kathryn & Keiana Snell
Dee L. Aker	David Engstrom	Yves Jacot	Trisha Moody	Nancy Snow
Carol Andersen	Christine Evans	Greg Jahn	Carol Morabito	Darryl & Rita Solberg
Angela Asuncion	Mary Fabri	Dr. Jim Jaranson Fund of the Minneapolis Foundation	David Murphy	Peggy Stamon
Deanna & Jay Atherton	Ger Fang	Sonja Jones	Thomas & Brooke Nagle	Richard Stravinsky & Astrid Falkenberg
Cheri Attix & Steve Rivera	Matt & Jennifer Fenner	Carmen Kcomt	Hilary Naylor	Mark Sullivan
Judith Bambace	Wendy Fiering	Mojgan Khademi	Jane Nesvig	Marilyn Tabor Duba
Joyce Bartos	Marlene Forney	Rebecca & Dan Kjongegaard	Michael Newhouse & Rose Lockmann	Laura Taylor
Enriqueta & Ronald Bauer	Mark Freeman & Alison Brysk	Emily Knapp	Jesus Nieto	Thomas Templeton & Mary Erlenborn
Marcia Biller	Jim & Jessica Friedrich	Thomas & Lisa Laube	Don Ontage	Cosette Thompson & Cheryl Brownstein-Santiago
Michael Bishop	Roberta Froome	Allison Leigh	Michael Palomo	Siham Titaou
Richard Bonacci	Piedad Garcia	Terri Leyton	D'Ann Paton	Holly Vanderpool
Gaylyn Boon	Norbert Goldfield	Stan Livingston	Kenneth Patrick	Mary Waltermire
Watson & Eren Branch	Roberta Gottfried	Loretta Lowery	Sharon Payne	Linda & Kenneth Wasserman
Vernon Brown	Heather Guerin	Marcia Lowrey	Katrina Pimental	Lace Watkins
Jerry Buckley	Silvia Hafen	Lillian Macy	Terry Pimental	Lowell Waxman
Peggy Burns	Laura Jean Hageman & Thomas Bond	Kristen Maher	Valerie Polichar	Dolores Welty
Jorge Cabrera	Greg Hall	Rachel Mahoney & Ian Nunn	Marian Privett	John Wheeler
Clint Carney	Ginger Hallerberg	Flora Majumder	David Pugh & Cynthia Simpson	Caleb & Naomi Whitlock
Lauren & Derrick Cartwright	Karla Halvorson	Richard Mason	Alby Quinlan	Heather Wiley & Peter Renz
Jenny Case	John & Kaye Hambleton	Gloria McCaffrey	Kathryn Radinovsky	Bridget Wisner
Nivedita Chatterjee & Satashu Goel	Marian Hart & Wayne Liebold	Elena McCollim	Jane Rand	Nancy & Stewart Witt
Sujin Chen	Jacqueline Hanson	Marlene McCollim	Mary Randel	Lois Yahr
Susan Christison & John Peters	Angie Hauk	F. Marian McGee	Dan Ratelle	Adan Zavala
Margaret Chung	Michael & LeAnn Healy	Dianne McKay	Ann & Tim Rice	Rick Zemlin
Margie & Roger Coats	Sara Hench	Mary McKenzie	Adrienne Richardson-Durso	John & Karen Ziebarth
Susan Connors	Noelia Henning	Jean Meadowcroft	Carolina Romero-Thompson	
Larry Cousins	Linda Howard	Ron & Suzanne Methen	Alejandra Sanchez	
Adele & Thomas Davies	Katharine Hsiao	Elizabeth Michel & Arnie Markman	Lorianna Santacruz	
Bridget & Jose de la Garza	Myles Huck	Markman	Lori Seward	
Siobhan & Thomas Debenedetto	Glenda Hutchings	Cynthia Miller	Elizabeth Sears-Wiley	
David DeBus & Denyse Beaudet	Nadia Ibrahim		Glen Shewchuck	
Andrew Dettling	Miriam & Alexander Iosupovici		Liz Shopes	
Buddy Dewar				

## Organizations That Financially Support SURVIVORS who gave April 1, 2019 - May 31, 2020. **Thank you!**

Amnesty International Group 471	Grossmont Union High School District	Nautilus General Contractors, Inc.	Structural Technologies, LLC
Bruce M. Abrams GLBT Torture Survivors Fund	Hope Lutheran Church, San Diego	Pacifica Synod Evangelical Lutheran Church in America - Matthew 25 Fund	The Benevity Community Impact Fund (Intuit Matching Program)
Cajon Valley Union School District	Interpreters Unlimited	PayPal Giving Fund	The California Endowment
Calvary Lutheran Church, Solana Beach	Jacob Dean Construction	Point Loma Nazarene University	The Kroger Company
Christ Lutheran Church, Pacific Beach	Josephson-Werdowatz & Associates, Inc.	Price Philanthropies Foundation	The Worldview Project
Chula Vista Presbyterian Church	JPMorgan Chase & Co.	Processing in Action	Thrivent Financial Office of Jonathan Doering & Matthew Molstre
Clipper Club of La Jolla Presbyterian Church	La Mesa Sunrise Rotary Club Foundation	San Diego Gas and Electric	Thrivent Financial - Thrivent Choice Dollars
Community Service Association, San Diego Unified School District	LANSolutions LLC	San Diego State University School of Social Work	United Nations Voluntary Fund for Victims of Torture
Fred Finch Youth Center	Law Office of Julia Perkins	SERRV International	Universal Spirit Center
General Atomics	Law Offices of Jonathan D. Montag	Shepherd of the Valley Lutheran Church, La Mesa	University of San Diego
Grossmont Healthcare District	Lawyers Club of San Diego Fund for Justice at The San Diego Foundation	Spurlock Landscape Architects	U.S. Department of Health & Human Services Office of Refugee Resettlement
	Michael Ehrenfeld Company	State of California Office of Emergency Services	
	Molina Healthcare of California		
	MUFG Union Bank Foundation		

## Client Languages in 2019

In 2019, SURVIVORS served 427 clients who spoke 55 different languages. Through training and partnering with professional interpreters, SURVIVORS is able to meet the needs of such linguistically diverse people.

Language	#	Language	#
Spanish	151	Somali	8
English	117	Yoruba	6
Arabic	61	Amharic	5
French	34	Haitian Creole	5
Dari	16	Kanjobal	5
Farsi	15	Vietnamese	5
Lingala	12	Mam	4
Pidgin	10	Pulaar	4
Swahili	10	Russian	3
Tigrinya	9	Anuak	2
Kurdish	8	Sudanese	2

## Kathi Anderson Inducted into the Women’s Hall of Fame

At the 19th annual Women’s Hall of Fame induction ceremony, Kathi was one of seven inductees honored for her groundbreaking work. She received the Activist Award which recognizes women who have created structural change--and shifted our way of thinking and doing--to better women’s lives. The Women’s Hall of Fame is a project of the San Diego County Commission on the Status of Women and Girls; Women’s Museum of California; San Diego State University Women’s Study Department and University of California, San Diego Women’s Center.




SURVIVORS' Executive Director Kathi Anderson

We are proud to announce Kathi was featured in a June 27, 2020, San Diego Union-Tribune article entitled “Phenomenal San Diego women in advocacy and empowerment.”

**And 1 of Each:** Auchi, Awing, Azeri, Bamileke, Garre, German, Greek, Hebrew, Hindi, Igbo, Kaqchikel, Kekchi, K’iché, Kigegere, Maghamo, Mauritanian, Mweh, Mugambo, Nepali, Nuristani, Nweh, Oromo, Polish, Portuguese, Punjabi, Serbian, Tagalog, Turkish, Twi, Urdu, Uromi, Yaqui, and Zaghawa

*The numbers reported here represent unduplicated clients served during Fiscal Year 2019. Most clients speak more than one language.*



  
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<p><b>In This Issue:</b></p> <ul style="list-style-type: none"> <li>Meeting Clients Needs Throughout the Pandemic p. 1</li> <li>Our Volunteers in Action p. 1</li> <li>Promoting a Community of Healing p. 2</li> <li>Overcoming Trauma &amp; Embracing Dreams p. 2</li> <li>Financial Supporters p. 3</li> <li>Client Languages in 2019 p. 4</li> <li>Induction into the Women’s Hall of Fame p. 4</li> </ul>	<p><b>Your Charitable Giving:</b> Under the CARES Act, individuals can now deduct up to \$300 on your 2020 taxes in cash donations, regardless of whether you itemize or not. For married filing jointly, the deduction is \$600. The existing cap on annual donations for those who itemize is raised from 60% of adjusted gross income to 100%. With these new tax regulations and the increased need for services, please consider donating to SURVIVORS.</p> <p><b>SURVIVORS’ audited financial statements, completed by Sonnenberg &amp; Co. CPAs, for fiscal year 2019, are found at <a href="http://Guidestar.com">Guidestar.com</a></b></p>
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