



THE SURVIVOR

Survivors of Torture, International:

- Facilitates the healing of torture survivors and their families;
- Educates professionals and the public about torture and its consequences;
- Advocates for the abolition of torture.

"Every visit to SURVIVORS brings me hope."

- SURVIVORS' client from the Middle East, who wishes to be anonymous

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Inspiring New Traditions for Clients

Throughout the year SURVIVORS offers monthly Healing Club activities such as outings to various fun places throughout San Diego County, often out in nature. These outings allow survivors to experience a new culture, get to know one another, explore free resources and opportunities in San Diego, and interact with their community. The Healing Club is a safe haven for our clients to share their stories, feelings, and fears with one another. It can be difficult for clients to find a sense of home after being forced to flee their countries of origin, often without their families, and moving between multiple countries prior to settling in San Diego. Therefore, our Healings Club takes on a special meaning for many clients.

Our autumn activities blend a sense of home with the opportunity to learn new traditions. Many of us know the sense of community we feel when eating a big Thanksgiving dinner surrounded by family and friends or watching the delight on our children's faces as we put the candle into a jack-o-lantern.

For our clients, these traditions are brand new and provide a sense of belonging in an unfamiliar land. Each October, our clients explore a pumpkin patch at a farm with our clinical team. At the pumpkin patch, clients are offered a free tour of the farm and agricultural lessons on how pumpkins are grown. A client reflected on this experience stating "I feel at home here and it brings me peace of mind. It is an escape from my stress." Clients are able to pick out their very own pumpkins to carve into jack-o-lanterns and display in their homes. Clients often discuss with staff the origins of Halloween traditions in the United States including the meaning of pumpkins.

Every November, SURVIVORS' clients, interpreters, volunteers, and staff gather for a Thanksgiving Healing Club. Volunteers and donors supply a delicious Thanksgiving feast for all to enjoy. Clients learn about Thanksgiving traditions in the United States and are encouraged to share their holiday traditions with the group. Following the meal, clients can participate in art projects such as creating a Tree of Gratitude



Left: Child from Syria holds his new pumpkin from the farm. Right: Family creates gratitude leaf for Thanksgiving tree.

where clients write what they are grateful for on paper leaves and hang them on the tree to share with everyone. The Thanksgiving Healing Club allows clients, staff and volunteers to reflect on their lives, their community, and this new tradition created at SURVIVORS. We are proud to create a piece of home here at SURVIVORS every year.

Ambassadors Create Welcoming Community

In June 2018, SURVIVORS launched our new volunteer Ambassador Program. This program allows us to partner with community members like you. We can all help torture survivors by spreading the word about SURVIVORS' mission and services. The more people who know about SURVIVORS, the more our clients can get the help they need and deserve. You can help by becoming a vol-

unteer ambassador. Ambassadors are passionate community members who help SURVIVORS provide hope, rebuild lives, and create a welcoming community for torture survivors. The volunteer ambassadors invite 10 people such as their family members, friends, coworkers, book club members, and/or fellow-parishioners to attend a one-hour long Journey to Healing tour. The tour is conducted by SURVI-

VORS' staff and volunteers at our office. This is one of the many ways SURVIVORS creates a welcoming community by partnering with our supporters to let people know about the consequences of torture, and that torture survivors are our neighbors who are capable of being healthy and productive members of society. We are always looking for new ambassadors to help us expand our welcoming community.

SURVIVORS Accepts Countywide Award

Former Master of Social Work intern, Lisa Palmer, nominated SURVIVORS for the San Diego County Children Youth and Families System of Care Advancing Principles Award. Only one organization and one individual are selected to receive this award per year. SURVIVORS was deeply honored to accept this award on behalf of our board, staff, contractors, volunteers and, most importantly, our clients. Lisa's nomination so eloquently states how important our collaborative work is.



Staff proudly accepts the Advancing Principles Award on behalf of our agency and clients.

"Survivors of Torture, International (SURVIVORS) is a small agency that makes a big impact for its clients. As an intern in this office, I have witnessed the unwavering commitment to provide comprehensive and integrated services in their

work with youth, adults, couples, families, schools, and the community. It is no surprise that the clients are able to heal and move forward with their lives. SURVIVORS recognizes the uniqueness of each individual and the need for a culturally responsive, holistic, and trauma-informed approach with an eye focused always on the most positive outcome possible. The clients at SURVIVORS are greeted with a cup of coffee or tea and an offer of food in the kitchen area. They communicate with the help of interpreters so that they can fully understand and make choices regarding their treatment, and they learn to take responsibility for their journey of healing. Integrated, trauma-informed care is the cornerstone of the many services provided, and all staff members and mental health contractors are uniquely trained to work effectively with this population.

This agency has an impressive reach in the community as well. SURVIVORS creates meaningful partnerships with other providers, and strives to be both a trainer and a learner. This collaborative approach benefits both the clients and the community. SURVIVORS is small but tenacious. For over 20 years they have been dedicated to serving torture survivors, a population that is seldom heard from but tremendously worthy of our attention. For these reasons, and many more, SURVIVORS is deserving of this special recognition."

Collaborative Approach to Serving Asylum Seekers

SURVIVORS annually hosts a small gathering of immigration attorneys, medical evaluators, and mental health evaluators to share their thoughts on how to continue to effectively serve asylum seekers, a vulnerable population. Asylum seekers are individuals who flee their countries of origin due to persecution or violence to reach a safer country's border and apply for asylum. They typically wait months or years to receive the results of their asylum applications and during this waiting period have limited access to resources.

With the coordinated efforts of forensic evaluators, attorneys, and SURVIVORS' staff we provide hope. Year after year, 80-90% of our asylum-seeking clients win their cases, notably 26 times higher than the 3% of asylum seekers nationally who

present their cases on their own. This meeting is an important opportunity to ensure we can continue to provide these critical services to our most vulnerable clients.



Immigration attorneys, forensic evaluators, and SURVIVORS' staff gather for an important conversation about serving asylum seekers in San Diego.

SURVIVORS is grateful to the staff of Ben & Jerry's Seaport Village for providing delicious ice cream to over 200 guests at our 2018 ice cream social.



#GIVING TUESDAY

#GivingTuesday on November 27th celebrates the charitable season, when many focus on their end-of-year giving. Your support is vital for SURVIVORS and our clients. Please consider making a donation in the enclosed envelope.

Eighty-seven cents out of every dollar raised goes directly to SURVIVORS' programs. Our Federal Tax ID Number is 33-0743869.



Thank You to Our 2018 Helping Survivors Heal Fundraising Luncheon Underwriters!

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Healing Society Members who have made five-year pledges of \$1,000 or more per year.

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Thank you!

Because of you, survivors are rebuilding their lives. We are grateful. We apologize for any errors or omissions and extend our gratitude for support that may not have been recognized. Please contact us at 619-278-2400 with corrections.

Individual & Family Financial Supporters who gave June 1, 2018-September 30, 2018. *Thank you!*

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Organizations That Financially Support SURVIVORS who gave October 1, 2017-September 30, 2018. *Thank you!*

AmazonSmile	Law Offices of Jonathan D. Montag	Qualcomm Matching Grant Program	The Social Changery / Sana Mente Project
Business Complete Solutions	Law Office of Fabiola Navarro	Rehabilitation Strategies	Southern California Immigration Project
Calvary Lutheran Church, Solana Beach - Mission Endowment Fund	Law Office of Julia Perkins	San Diego County Employees' Charitable Organization	The Worldview Project
Change A Life Foundation	Lawyers Club of San Diego Fund for Justice at The San Diego Foundation	San Diego County Health and Human Services	Thrivent Financial - Thrivent Choice
Chula Vista Presbyterian Church	Michael Ehrenfeld Company	San Diego Gas and Electric	Thrivent Financial Office of Jonathan Doering & Matthew Molstre
Community Service Association, San Diego Unified School District	Molina Healthcare	Shepherd of the Valley Lutheran Church, La Mesa	Tobi Cares
Diversory Theatre	Native Interpreting	State of California Office of Emergency Services	Union Bank
Grossmont Healthcare District	Nautilus General Contractors, Inc.	Structural Group Inc.	Unitarian Universalist Fellowship of San Dieguito
Hecht, Solberg, Robinson, Goldberg & Bagley, LLP	Network for Good	The California Endowment	United Nations Voluntary Fund for Victims of Torture
In Good Taste, Inc.	Pasadena Community Foundation in memory of Patrick Otis Healy	The California PanEthnic Health Network	U.S. Department of Health and Human Services, Office of Refugee Resettlement
Interpreters Unlimited	Price Philanthropies Foundation	The Kroger Company	William H. Donner Foundation
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		The San Diego Women's Foundation	

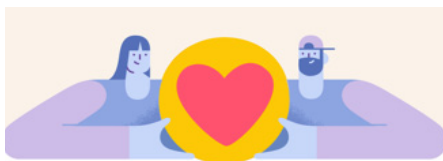
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Client Demographics	Geographic Origin	Immigration Status	Gender
In addition to our on-going clients, sixty-five new clients were served between April 1, 2018, and September 30, 2018. These new clients were referred to us by attorneys, church leaders, family members, and mental health providers. Our clients were tortured in their home countries due to race, religion, nationality, social group, or political opinion.	Africa 14	Asylum seeker 57	Males 39
	Asia 1	Other 8	Females 26
	Eastern Europe 3	<i>(Naturalized Citizen, Legal Permanent Resident, Refugee or Family Member of Asylee)</i>	
	Latin America 34		
	Middle East 13		

Celebrate Your Birthday by Supporting SURVIVORS

Facebook makes it easy to celebrate your birthday by supporting SURVIVORS. In recent months we've had many wonderful supporters create a birthday fundraiser to benefit SURVIVORS. It's easy to do! The Facebook Fundraisers platform allows you to raise money for a charitable cause with just a few clicks of your mouse. Just click on the "Fundraisers" tab under "Explore" on your homepage. Select "Survivors of Torture, International" as your charitable cause. Set a fundraising goal. Share with all of your friends on your page to encourage them to donate in lieu of birthday gifts. It's a simple and effective way to help support SURVIVORS. Facebook does not charge fees for nonprofits. So, all of your friends' gifts will directly support SURVIVORS' programs and services.



Shop to Make a Difference at SURVIVORS and in the World

We are excited to partner with SERRV & Earn to inspire your end-of-year shopping needs.

A portion of every purchase made at

serrv.org?a=Survivors

benefits SURVIVORS. Your shopping will make a difference for our clients and the thousands of global artisans who create beautiful handmade, fair trade products for SERRV.org.

SERRV & EARN
DO A WORLD OF GOOD



SURVIVORS' audited financial statements, completed by Sonnenberg & Co. CPAs, for fiscal year 2017, are found at GuideStar.com.



Survivors of Torture, International
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Raise money for SURVIVORS at no cost to you! When you use your Ralphs club card, a percentage of your purchase can be donated directly to SURVIVORS. Just link your club card to benefit SURVIVORS. To enroll go to www.ralphs.com and click on "Savings & Rewards" and then click on "Ralphs Community Contribution Program." Select "Participant" and follow the directions provided. When prompted please enter the NGO # **AA669**. It's that easy!

Support SURVIVORS While Shopping at Ralphs

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